

2014 COMMUNITY RESOURCE LIST (07/31/2014)

The intent of this Resource List is to provide an information service of agencies within the Plano Community and Metroplex. No attempt is made to pass judgment on programs or agencies by their inclusion or exclusion. Listed in "categories of need" and alphabetically.

EMERGENCY NUMBERS

Assistance Center of Collin Co. (Formerly "Information & Referral", 900 E. 18th Street, Plano-Director Jackie Hall-Plano Office: (972) 422-1850
A FREE information service funded by United Way. Got a problem? Give us a call!

CRISIS/SUICIDE CENTER 24-Hour Hotline – (800)273-8255 / (214) 828-1000 / Teen Contact Hotline – (972) 233-8336 Adult - (972) 233-2233
Office (972) 233-0866

Child Abuse Hotline – 1-800-252-5400 Local # (972) 562-5832 / Outreach Counseling (972) 424-4626

CONTACT (24-Hour Telephone Counseling) – (972) 233-2233 – CONTACT TEEN Crisis Hotline (972) 233-8336

HOPE'S DOOR (Collin Co. Women's Center) – (972) 422-2911 / (972) 769-0610

Life Path Systems (Formerly MHMR) – (972) 562-0190

North Texas POISON CONTROL – 1-800-222-1222

Plano Police Dept. – Emergency #911 – Non-Emergency (972) 424-5678 909 E. 14th Street 75074

Allen Police Dept. – Emergency #911 – Non-Emergency (214) 509-4200 205 W. McDermott Drive

Frisco Police Dept. – Emergency #911 – Non-Emergency (972) 292-6000 7200 Stonebrook Pkwy

Rape Crisis Center of Collin County – (TAP-I Educational Program / Spanish Counseling available) – (972) 985-0951 / (800) 886-7273

RUNAWAY HOTLINE – (24-HOUR HOTLINE) Call 1-888-580-HELP or 1-888-580-4357 / (800) 786-2929

STOP DRUGS – Stop the flow of drugs in Plano! Report drug use anonymously @24-Hour Hotline – (972) 941-7867

TEXAS YOUTH HOTLINE – (Phone Counseling) Texas Dept. of Protective & Regulatory Serv. (24-Hour Hotline) 1-800-210-2278 / (800) 989-6884

CRISIS NUMBERS

RIGHT DIRECTION CRISIS INTERVENTION—PO Box 520067, Salt Lake City, Utah 84152, <http://www.rdas.net>

Conducts intervention and transport of adolescents and young adults to treatment centers. 888-592-8400

ADAPT of Texas Collin County Services Crisis Counseling- 900 East Park, Suite 155, Plano TX 75074- McKinney: 8665441887, Plano: 8665441887,
On Call: 8776754416

COMMUNITY AGENCIES AND PROGRAMS

Allen Community Outreach—801 E Main Street, Allen, Texas 75002—(972)727-9131—www.acocares.org

ACO offers short-term assistance for individuals and families. Services include: Information and Referrals, Client Assistance with Rent, Utilities, Food, and Clothing, Job Placement and Counseling, Care and Share Closet, Holiday Programs: Thanksgiving Food Distribution, Christmas Gifts for Children, Teens and Seniors, School Supplies for Low Income Families, Meals-On-Wheels, and more.

Allen Food Pantry – Allen Community Outreach, 801 E. Main St., Allen, TX 75002 - (972) 727-4751.

Alliance of Elite Youth Leadership (A.E.Y.L.)- PO Box 262 McKinney, TX 75070- 469-335-4566- www.aeyleadership.org

Angel Food Ministries – (Allen First United Methodist Church of Allen) – 601 S. Greenville, Allen, TX 75002 – Reduced food Prices – 972-727-8261

Barney & Me Boxing Program – 1207 E. Louisiana, McKinney, Texas 75069 – (972) 562-5958 – Ages 7-17.

Big Brothers/Big Sisters of Dallas & Collin Co. – (Dallas) 2900 Live Oak Street, Dallas 75204 – (214) 871-0876 / (North Dallas) 101 South Coit Rd., Ste.115, Richardson, TX 75080 – (972) 573-2330 - Volunteers serve as friends/role models for children ages 6-15 from single-parent families.

Boys & Girls Club of Collin County – 1111 Avenue H., #B, Plano, TX 75074 – Karen Johnson, Branch Director – (972) 424-6301. Offers athletic, educational, social and recreational activities for youth ages 6-18. After-school and summer programs. Volunteers welcome.

CHILD PROTECTIVE SERVICES OF Texas – CHILD ABUSE-- www.Texasabusehotline.org, Report it! It's the Law! 24-Hour Hotline-1-800-252-5400. We investigate allegations of neglect, abuse, assault and sexual molestation of children. (972) 562-5832

Children's Advocacy Center – 2205 Los Rios, Plano, 75074 – Coordinates Agencies for victimized children – (972) 633-6600. www.cacplano.org.
1500 S. Central Expressway, McKinney, TX 75070 – 972-632-3910 – www.cacollincounty.org

Child Support Office – Div. of the Attorney General's Office – 830 Central Pkwy. East, Ste 350, Texas 75074 – (469) 241-6500 / Fax# (469) 241-9841
Enforces Child Support Order; Establishes Paternity; Enforces Medial Support; Withholds wages for non-payment of Child Support; Reports delinquent parent to the Credit Bureau. Open Monday-Friday from 8:00 am to 5:00 pm except holidays.

Christian Food Pantry – Director – Walt Webking – (972) 578-5730. Community Service Available.

Clothes Closet of Plano – First Presbyterian Church, 1500 Jupiter Rd., Plano – Director, Mary Ann Miller – (972) 423-4292 / Debbie Pizaili – 214-552-9802

COLLIN COUNTY ASSISTANCE—900 E. 18th Street, Plano, Texas 75074.. 9am – 3pm. (972) 422-1850.

COLLIN COUNTY MENTAL COMMITMENTS— 2100 Bloomdale Rd., McKinney, TX (972) 424-1460 ext 6401.

Dispute Mediation Services – Provides assistance in resolving disputes. Dallas County Office- 4144 N. Central Expressway, Ste. 1010, Dallas, TX 75204; (469) 831-3994

Douglass Community Center – 1111 Avenue H, Plano, Texas, 75074 – (972) 424-6301 Activities sponsored by the Plano Parks & Recreation Dept. include: 1) Educational classes; 2) Tutoring Programs; 3) Youth Sports Programs; 4) Summer Camp; 5) Senior Citizens Activities; 6) Special Events for the community; 7) Single Mom's Support Group; and 8) Incentive Scholarship Program; 8) Expanding Horizons Youth Program – (For youth 7-17 yrs./Meets after 3:00 pm) Volunteer opportunities are numerous and welcome. (No more community service). Public Hours – Mon - Fri 11am -1pm & 7pm -9pm and Sat 9am – 1pm. Closed Sundays.

Eye Exams/Glasses – (Lions Club, Dallas Office): (972) 276-1250 – Contact School Nurse for referral to Low Vision Clinic. Provides referral/financial help to children who need eye surgery. Any child who qualifies for a free school lunch qualifies for the eyeglass program.

Food Pantry of Plano – Holy Nativity Episcopal Church, 2200 18th Street, Plano (West of Jupiter 2100); Director Sharon McDuff at (972) 704-5689. Community Service Available.

Frisco Project for the Future – Pantry address – 8760 John Elliot Dr., Frisco, TX 75034 – 972-335-9495

Human Resources & Child Welfare of Texas – 901 N. McDonald, Ste. 100, McKinney – (972) 562-5832. Administers and provides qualifying information for the Food Stamp Program and Medicaid Benefits. To Report Child Abuse 1-800-252-5400.

Legal Services of N. Texas – McKinney – Legal Aide for qualifying clients; 901 N. McDonald Street Suite 702 75069 (main office) McKinney: (972) 542-9405 or 1-800-906-3045 FREE Legal.

Mentoring Brother 2 Brother, INC. P.O. Box 2702, Cedar Hill, Texas 75106-2702. Phone: 972-345-9194 E-Mail – info@mb2b.org Website: <http://www.MB2B.org> Mentoring Brother 2 Brother, Inc. was created ten years ago with the mission to successfully mobilize at-risk young men between the crucial ages of 6-18, strategizing them through educational tutoring, leadership training, mentoring programs and community service projects to be a catalyst in directing their paths away from negative peer pressure, unacceptable moral behavior, gangs and other negative urban-living obstacles, and empowering them to become our future leaders and thinkers as well as socially, culturally and community conscience African American young men.

Momentous Institute (formerly Youth and Family Center)- Charitable organization with a school and individually tailored therapeutic services. Helps children achieve their full potential. Two locations, one in Oak Cliff and the other in Northwest Dallas. Oak Cliff Campus: 106 E. Tenth Street, Dallas, TX 75203 Dallas Campus: 9705 Harry Hines Boulevard, Dallas, TX, 75220—(214)-915-4700 or (214)-916-4000—www.momentousinstitute.org

Plano Community Charity (formerly Phoenix Ministries) 2436 Avenue K, Plano – Director Pat Sloan – (972) 578-0399.

Emily's Place (Formerly Dallas Providence Homes): PO box 260671 Plano, Texas 75026-0671 214-215-8368 The mission of the Dallas Providence Homes, Inc. is to break the cycle of domestic violence for woman and their children through long term transformational care that seeks to restore faith, hope, and health. Emily's place helps with a 24 month continuum of care, counseling, housing and life-skill training which allows women and their children who are victims of domestic violence to become self sufficient.

Salvation Army of Collin Co. – 3528 E. 14th Street, Plano, Texas 75074 – For assistance and qualifying guidelines, call Captains John & Kristina Branscum (972) 423-8254, fax 972-509-5319 / 600 Wilson Creek Parkway, McKinney, TX 75069 – 972-542-6694 - www.salvationarmysouth.org.

Samaritan Inn – 1710 N. McDonald Street, McKinney, Texas 75071– 24-Hour (972) 542-5302 FAX 972-569-9988 Homeless shelter of Collin Co. – Case Worker, Ashley Lewis / Volunteer Services, Jewel Ricks. www.thesamaritaninn.org.

TEXAS LAW HELP –FREE – low-cost civil legal assistance in Texas—Housing—Health—Disability—Civil Rights—Family law and domestic violence—Immigration/naturalization/citizenship—Income tax help....ONLINE www.Texaslawhelp.org.

VICTIM'S Assistance of Collin Co. – FREE services thru District Attorney's Office – METRO (972) 424-1460 x4323 OR (972) 548-4323 FAX (972) 548-4388 Support for Victims of Violent Crime and their families, including families of homicide, as they recover from the physical and psychological trauma of violent crime. Services: 1) court accompaniment; 2) crisis counseling; 3) criminal justice system reform; 4) follow-up contact; 5) assistance in filing claims; 6) shelter/safe house; 7) emergency legal assistance; 8) transportation; 9) child care; 10) repairs to secure premises; 11) emergency food; 12) advocacy; and 13)public awareness.

Women's Shelter of Collin Co. (HOPE'S DOOR) – (Location not published to protect clients) – HOTLINE – (972) 422-7233 The 20-bed shelter offers individual and group counseling, legal referrals and children's counseling. BRIDGE, a support group for women who want information about family violence and abusive relationships. Call (972) 422-2911 x14.

Y.M.C.A. of Plano – 3300 McDermott, Plano 75024 – Community Service opportunities available. Walk in or give us a call! (214) 705-9459 Services: Adult fitness; youth recreation and sports; after-school child care; summer day camp; swimming lessons and group clubs for boys/girls 7-16.

COUNSELING

Access Counseling Group, Inc.—2600 Avenue K, Ste 102, Plano, Texas 75074—972-423-8727—fax: 972-423-8918. They offer Intensive Outpatient, Supportive Outpatient, Individual and Family Counseling. They also offer Friday night support group meetings for adolescents and are a North Texas affiliate of MADD. They accept most insurance for their counseling services and the Friday night meetings are offered free to the community. Also

offered: MIP, DWI and Drug Offender Classes. Clients are charged for missed appointments without 24-hour prior notification of cancellation. www.accesscounselinggroup.com.

Allen Counseling Associates—1506 N Greenville Avenue, Suite 220, Allen, Texas, 75002 (Michelle Nietert, LPC-S, Director) 214-509-6888 ACA staff are solution focused and directive, which means we create a treatment plan with you setting goals during even the first session. We see adults, children, adolescents and families and are well connected to local schools and community resources. We also offer groups and more information can be found on our website. Day, Evening and Weekend appointments available. Many staff members accept insurance and those that don't can work on a sliding fee scale. www.allencounselingassociates.com.

Allen Community Outreach (ACO)—801 E Main Street, Allen, Texas 75002—(972) 727-9131—www.acocares.org. ACO offers referrals for free or reduced family and individual counseling.

Avenues Counseling Center (formerly McKinney Council on Substance Abuse) – 201 W. Louisiana, McKinney – (972) 562-9647. Specializes in adolescent, family, substance abuse and general counseling. A North Star Agency and sliding scale fee. T.A.P.P.S PROGRAM – Counseling services especially designed for Youth of Collin County

CATHOLIC CHARITIES: MATERNITY AND ADOPTION—9461 LBJ Freeway Suite 110 Dallas, Texas 75243 (214)520-6590 Professional individual, family and marital counseling/therapy based on ability to pay. (Both English and Spanish counseling provided.) www.catholiccharitiesdallas.org.

Immigration & Counseling Services: (Catholic Charities) 9461 LBJ Freeway, Ste. 128, Dallas, TX 75243 – 214-520-6590. Provides assistance and counseling for persons seeking legal immigration status/political asylum/U.S. citizenship as well as special assistance for abused immigrant women. www.catholiccharitiesdallas.org/immigration-services.

CREATIVE COUNSELING/AVA GOTTLIEB – 5168 Village Creek Drive, Suite 200, Plano, 75093. (Plano Pkwy & Preston) – (972) 248-7722 Individual Family Counseling and Anger Control Management – **Ava Gottlieb**, LMSW (972) 985-7600. Anger Management and Expression Skills Training (Classes for Teens/Adults) – Group Leader, Kathy Disney, LMSW.

CROSSROADS (formerly Family Services of Plano) – 2600 Avenue K, Suite # 140, Plano -- Kendra Byrd Programs include, but are not limited to: **Victims Assistance** (assistance to crime victims & their families); **Counseling**: (individual, adolescent/children, marriage/family, substance abuse, etc.) Sessions not limited: **Checkpoint** (family communication, runaway, curfew, truancy, and a family assessment is conducted with no charge); **Minor in Possession of Alcohol Program** (6-hour session for adolescents cited for Minor in Possession offence); **Tobacco Awareness & Prevention Program** (for those cited by law enforcement, etc.); **Fees**: Sliding Scale/FREE through Grant/Scholarship. Contact Shirley Barga, Director of Clinical Services. www.cfsplano.org.

The Counseling Place- Provides affordable professional counseling and education services that strengthen the Richardson community. Works with Richardson PD to provide the Juvenile First Offender Program, Alcohol Awareness for Minors, Project Positive, the Golden Rule Solution to Bullying, etc. PO Box 831078, Richardson, TX 75083; (972)-744-4858; fax: (972)-744-5988; www.counselingplace.org

Family Tree Counseling- Offers therapy to help build a more rewarding life. Includes groups such as Juvenile Offenders, Anger Management, Drug/Alcohol Recovery, Teen Pregnancy/Parenting, LGBT Issues, Asperger's, Self Esteem, and Teen Girls. Sliding scale if you have financial need, as well as Spanish speaking therapists available. (214)-230-1234; www.FTCounseling.com; 5309 Village Creek Dr #100, Plano, TX 75093

Galaxy Counseling Center-Galaxy Counseling Center, founded in 1975, has served more than 55,000 families since its inception. Our services include: Individual Therapy, Couples Therapy, Family Therapy, Play Therapy, Group Therapy, Teen and Adult Anger Management and Psychological Evaluations. (972)-272-4429—1025 South Jupiter Road, Garland, TX 75042—www.galaxycounseling.org

GAMBLING ADDICTIONS: 3415 Custer Road Suite 117, Plano 75023 Contact Randy Rubenstein (BT) LCDC.BA.CCGC – (972) 824-2887. Counseling (Individual and Group Counseling). Fees are based on Sliding Scale and ability to pay. www.planodrugcounselor.com.

GAMBLER'S ANONYMOUS—Ridgeview Presbyterian Church, 12717 Marsh Lane, Dallas, Texas (214-890-0005).

Heather Carlile, MA, LPC-Marriage Counseling, Personality and Relationship Expert. <http://heathercarlile.com/> --801 E. Campbell Road, #152, Richardson, TX 75081—(214)-636-5889

KEN BATEMAN—Counseling & Therapy – 1701 N. Collins Blvd., Ste. 120, Richardson, TX 75080; www.DrKenBateman.com (972) 680-8986 EXT. 202.

Life Path Systems (Formerly M.H.M.R.) – 3920 Alma Dr., Plano, TX 75023; 972-422-5939 – Child/Adolescent; Director Mary Fredericks at (972) 562-0190. Child/Adolescent Services provides crisis support (sliding scale) for children through age 17, who are exhibiting signs of major depression/suicidal tendencies, etc.; www.lifepathsystems.org

Lynn McCracken, MS, LPC— 17103 Preston Road, Ste. 288, Dallas, Texas, 75248—Family Counseling & Teens; Parent Coaching and Behavior Modification Training; Individual Counseling & Coaching...for appointment call: 972-250-0498 or email ipc.lynn@gmail.com. and Website: www.lynnmccracken.com.

Marv Safi, M.S., LPC, NBCC-- 214-475-4018. Individual, Group, & Family Sessions—Adults, Teens, and Children. \$45 Family, \$30 Individual, \$15 Group...for appointment call: 214-475-4018, or email mslifecounselor@aol.com.

McKinney Counseling Services-Counseling for loss/grief issues (death, divorce), general life transition, blended family, premarital preparation, parenting enrichment, adolescents (school issues, personal development, college/career). Husband wife team. 5313 Running Brook Lane, McKinney, TX 75071—(469)-288-2693--<http://www.mckinneycounselingservices.com/>

New Directions- FREE Counseling. Short term services for Collin, Denton, and Dallas County Youth as well as their families. Now offers services on behalf of Family Tree and various agencies. Counseling is done by Licensed Professional Counselors or Licensed Professional Counselor Interns. Services are free to any income level for youth 17 and under and their families. Services are paid for by the State of Texas. 1701 N. Collins Blvd. Suite 120, Richardson, TX 75080—(972)-680-8986

North Texas Youth Connection Star Program: 469-854-6251 – 201 W. Boyd St., Ste. 105D., Allen, TX 75013 - www.nTexasyouthconnection.org Offers FREE crisis intervention and counseling to any family in Collin County who has a child age 0-17 and under struggling with family conflict, truancy, or other out of control behaviors. Families must complete an intake than will be referred for 4 free initial sessions with the possibility of up to 4 additional sessions pending approval. **The STAR Program is free!!** Clients cannot have an active CPS case or be adjudicated. Call the office and let them know you want to set up an appointment for intake.

NYFC—Neighborhood Youth and Family Counseling of Richardson, Inc.—PO Box 831078, Richardson, Texas 75083-1078. (972) 744-4858 Fax (972) 744-5988. Contact: Irene Peugh. Facility's physical location is behind the Richardson Police Department (Corner of Greenville and Beltline Road in Richardson). Weekday, evening and Saturday appointments are available and NYFC has Spanish speaking staff if needed.

Pastoral Counseling and Education Center – For information & locations of counseling centers call: (214) 526-4525 Provides Child/Adolescent/Adult/Marital and Family Counseling. Special play therapy facilities. Numerous group therapy opportunities. Classes, seminars, and workshops provided for personal growth and sharpening of skills. Continuing education offerings for professionals. Locations: Allen – Suncrest United Methodist Church, 1517 W. McDermott, 75013 and Richardson – Street Luke's Lutheran Church, 1210 W. Beltline Road, 75080. www.pcec-counseling.org

PROMISE HOUSE—224 W. Page Avenue, Dallas, Texas 75208. Phone numbers are (866) 941-8578 and (214) 941-8578.

Real Solutions Counseling Services – Daniel Ramirez- 214-504-1209. website at www.realsolutionscounseling.com. A multi-disciplinary mental health provider in the fields of adolescent, family, group and general counseling, as well as drug/alcohol/tobacco education. Counseling programs for parents and adolescents where we address relationships, depression, behavior modification and anger management. A Spanish speaking therapist on staff.

TEXAS LAW HELP. Online resource for FREE AND LOW-COST (if you qualify) CIVIL LEGAL ASSISTANCE in Texas www.Texaslawhelp.org Military and Veteran's Affairs-Housing-Public Benefits-Health-Elder Law-Work/job discrimination and work related problems-Migrant Workers-Family Law and Domestic Violence-Wills & Estates-Immigration-Disability-Civil Rights. If you are in need of legal assistance and you are NOT low-income, please contact your local lawyer referral service or call the State Bar of Texas Lawyer Referral Information Service, Monday-Friday from 8:00am to 5:00pm at (800) 252-9690 or (877) 983-9227.

Truancy Law/Life Skills-Anger Management – Business Mate - 8035 East R. L. Thornton Freeway, Suite #311, Dallas, Texas, 75228. Director, Cinderella Murray (214) 395-4921 or www.businessmate.biz Business Mate defines truancy, Juvenile Justice introduction and anger management while providing the youth with the essential tools of life skills. Business Mate uses the Texas Education Code, Compulsory Laws and positive affirmations for clients ages 10 through 21, as a way of promoting and encouraging self assurance, positive attitudes, determination, self confidence, willingness and effective communication skills. Time frame – two (2) consecutive Saturdays 8:00am to 2:15 pm.

Turning Point Counseling Center – 1778 Plano Road, Suite 112, Richardson, Texas 75081. Phone (972) 234-8636 Fax: (972)234-8639. Individual/Family/Marital Counseling/ADHD/Blended Family – Outpatient Addiction Recovery Groups (Adults/Adolescents) ADHD Coaching—helps parents and children with learning differences and ADHD function more effectively at home and school. Learn how to work with the school, protect your child, identify strengths, and cope with the behavioral and emotional consequences of this prevalent condition. Benefits the whole family. Also for ADHD adults! Test-Taking, Study Skills Strategies—drastically reduces test anxiety, improves test scores and information retention. Learn specific skills, tricks, short cuts to maximizing school performance. www.aturningpoint.org.

DRUG AND ALCOHOL ABUSE RESOURCES

AL-ANON ODAAT – 1901 W. Parker Rd., Suites 201/213, Plano (972) 867-1115. Offers support groups for Adults/Teens who have an alcoholic family member or friend. www.aadallas.org.

Alcohol Anonymous Living Support Group: (Monday and Friday Night) Reformed Church in Plano, 5333 Independence – Call for Meeting Schedule (972) 571-9676 or (972) 867-1115.

Allen Narcotics Anonymous – 601 Greenville Avenue, Allen, HELP-LINE! (972) 699-9306.

Alliance Drug Testing Service—2600 K Avenue, Suite 206, Plano, Texas, 75074. Phone (972) 578-5959 (MUST SET AN APPOINTMENT).

Betty Ford Center Children's Program - 1320 Greenway Drive, Suite 100 Irving, 75038. Coordinator, Pam Newton – (972) 753-0552. Provides intervention and prevention services to children ages 7-12 yrs. A \$400 fee is charged to this 4-day program for children affected by drug and/or alcohol abuse. However, no child is turned away for lack of funds. Scholarship assistance is available.

Caron Texas—Comprehensive addiction treatment, recovery for life. Non-profit provider of alcohol and drug addiction treatment. The average stay for primary treatment is 4 to 6 weeks. (866)-915-0289; www.CaronTexas.org

Child & Family Guidance Center – 4031 W. Plano Parkway, Suite # 211, Plano (972) 612-5989. Drug Assessment/Counseling – Monday thru Friday 8:00 am to 5:00 pm.

COLLIN CO. SUBSTANCE ABUSE PROGRAM – 900 E Park Boulevard, Suite 170, Plano, Texas, 75074. Phone at (972) 633-3370. Drug assessments and testing are available. www.ccsbabpc@collincountyTexas.gov.

Dallas Challenge, Inc., - 7777 Forest Lane, # B410, Dallas, Texas – For Drug/Alcohol and Addiction Information, please phone at (972) 566-4680.

DRUG TESTING / PDT-90 Personal Drug Test Hair Analysis – Tests for marijuana, cocaine, opiates, methamphetamines and PCP (angel dust). Detects drug use for the previous 2-3 day period and use within the previous 90-day period. Approximately \$59.95 at CVC or Walgreen's. You can also contact Psyche medics at 1-800-997-3890 for a test kit through the mail. www.psychemedics.com

Drug Test Your Teen – Kim Hildreth, P. O. Box 816153, Dallas, Texas, 75381, (214) 797-8378. www.drugtestyourteen.com. Coupon Code: teencourt for 10% off.

Elements of Behavioral Health- Drug rehab center dealing with all substance abuse and intimacy disorders. 5000 E. Spring Street, Suite 650, Long Beach, CA 90815-- (562)-741-6470, assessments at (877)-959-4288; <http://www.elementsbehavioralhealth.com/>

Families Anonymous – Support for those affected by the destructive behavior of a family member caused by drugs/alcohol/emotional problems. (972) 540-1945 & (972) 562-5111 – McKinney Group – Meets Tues., at 7:00 pm, Our Savior Lutheran Church, 2708 W. Virginia Parkway, McKinney (thru Old Sanctuary).

Greater Dallas Council on Alcohol & Drug Abuse –4525 Lemmon Avenue, Suite 300, Dallas, Texas 75219 (214) 522-8600. www.gdcada.org.

Imagine Program – 1947 Avenue K, Suite 125, Building B, Plano, 75074 – Director Jim Savage, LCDC – (972) 423-6007 Adolescent Services: An intensive outpatient treatment program for youth (13-20). Designed for substance abuse and clients with a psychiatric diagnosis. www.imagineprogram.com.

Memorial Hermann- Intensive Outpatient Drug Rehab and Alcohol Treatment in a 12-step program. The program is about 5 weeks long, and doesn't conflict with school or work due to later hours. Aftercare programs come at no additional cost. 4950 Keller Springs Road, Suite 130, Addison, TX 75001—(877)-464-7272

Mental Healthcare Concepts – 2321 Coit Road, Suite D, Plano, Texas, 75075. Phone number (972) 964-7730. Provides After-Care for those re-entering the community after drug/alcohol treatment.

Menninger Clinic- One of the nation's leading psychiatric inpatient hospitals that helps with mood/personality disorder and addictive disorders. 12301 Main Street, Houston, TX 77035—(800)-351-9058—(713)-275-5000--<http://www.menningerclinic.com/>

Morning Star A.T.U. – A private residential facility in Marietta, Oklahoma. Contact the Executive Director, Sally Cowan at 580-276-5443 (also fax). We provide continual substance abuse treatment for Adolescent FEMALES ages 13 – 18. A holistic, development approach. Counseling: individual or group, including topics such as women's issues, spirituality and living skills. AA meetings daily.

NAR-ANON – Disciples Christian Church, 2001 Independence Parkway, Plano, Texas. Phone at (972) 596-3212. www.nar-anon.org.

NARCONON—35059 Bend Road, Denham Springs, Louisiana, 70706—(866) 422-4650 or (225) 243-5047. Drug Rehab center that has a 76% success rate backed by a solid guarantee. If any student of this program has any difficulty within six months of the program completion, they will re-admit them at no cost. www.narconon.org.

National Drug & Alcohol Treatment Referral Routing System. U.S. Dept. of Health & Human Services – 1-800-662-4357. Government Agency: Provides information on treatment centers, who they serve, and what they provide. www.niaaa.nih.gov.

NEXUS Recovery Center, Inc. – Sliding Scale/North Star participant – Director Sam Hilliard at (214) 321-0156 x3118. (60-90 day Out-Patient) located at 8733 La Prada, Dallas, Texas (60-day Intensive Outpatient & 70-day Supportive Outpatient) 2519 Oaklawn, Dallas.

PHOENIX HOUSE OF DALLAS—Offers both Residential Treatment and Outpatient Services for teens struggling with drug and/or alcohol abuse as well as mental health issues. For a FREE assessment, call (214) 999-1044 ext. 3156 www.phoenixhouse.org/Texas (For a full description of each program, please see Outpatient CARE and RESIDENTIAL TREATMENT CENTERS).

THE RIGHT STEP—IOP-- 1200 Commerce Street, Suite 116, Plano, Texas, 75093...972-985-6100. Intensive Outpatient; Transitional Living Programs Alcohol & drug rehab—counseling.

THE RIGHT STEP—RESIDENTIAL/DAY TREATMENT—2219 W Eules Boulevard, Eules, Texas 76040. Phone 817-857-9100. Detoxification, Residential, Day Treatment, Adult and Adolescent Intensive Outpatient, Aftercare Services, Sober Living Program, Recovery Maintenance.

Street Joseph's Adolescent & Family Services (CATHOLIC CHARITIES) –4500 W. Davis Street, Dallas, 75211 – (214) 623-9976 and fax (214) 623-9647. A NORTH STAR PROJECT; Provides Supportive Out-Patient Care; Intensive Out-Patient Care; U.A. Drug Assessment; Psychological Testing and Extensive U.A. Testing: BASC (Behavioral Assessment Scale for Children) English/Spanish counselors for adolescents/family. Sliding Scale. No one is turned away.

STARLIGHT RECOVERY CENTER-230 Mesa Verde Drive, Center Point, Texas 78010. 866-220-1626—Rhonda Gibbs—Adolescent Program serves male clients between the ages of 13 to 17. This is a 45 –day program: changes in lengths of stay are considered on an individual basis and are based on clinical needs. Clients can earn high school credit while obtaining treatment for their substance use disorders.

SUR-SCAN DRUG TESTING- 2030 Avenue G, Ste 1102, Plano, Texas, 75074, at (972)633-1388. Open Monday thru Friday 9:00am to 6:00 pm. Saturday from 10:00am to 1:00pm. (No appointment necessary.)

Turning Point Counseling Center – 1701 N. Greenville Avenue, Suite #500, Richardson, Texas 75081 – Director Ron Deage (972) 234-8636 Fax (972)234-8639. Individual Family/Marital Counseling/ADHD/Blended Family – Outpatient Addiction Recovery Groups (Adults/Adolescents) Plan 21 Provider. www.aturningpoint.org.

Tough Love – Information and Meeting Locations throughout the Metroplex (Not a Crisis Line). Phone (972) 479-0428. Support group for parents whose families are being torn apart by unacceptable behavior of teenagers. Education, support, assistance and sharing are provided during times of crisis and to increase parenting skills. Tough Love is a support group for parents and not teenagers. www.toughlove.com

UNIVERSITY BEHAVIORAL HEALTH— 2026 West University Drive, Denton, Texas, 76201. Phone at (940) 320-8100 or (888) 320-8101— Regional Mental Health & Chemical Dependency Care www.ubhdenton.net.

Viveri Youth Services-Offers a comprehensive set of services, including diagnostic and psychiatric services, medication management, and therapy. Offers sliding fee scale. Outpatient programs for marijuana, cocaine, opiates, inhalants/huffing, alcohol, stimulants, prescription drugs, heroin, teen gambling, teen eating disorders, self harm, sexual acting, and video game addictions. 1719 Analog Drive, Richardson, Texas, 75081—(214)-812-9802

US National Drug Test and Screening- Tests for marijuana, cocaine, PCP, opiates, methamphetamine, methadone, amphetamine, barbiturates, benzodiazepines, propoxyphene in 10 Panel Urine test. BAT tests for alcohol, hair drug testing, and DNA testing are all available. 1616 Toddville, Plano, TX 75025—PO Box 863601, Plano, TX 75086—(469)-348-5346—www.usnationaldrugtestscreening.com

US DEPARTMENT OF HEALTH AND HUMAN SERVICES, SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION'S CENTER FOR SUBSTANCE ABUSE TREATMENT PROVIDES A TOLL-FREE, 24-HOUR TREATMENT REFERRAL SERVICE TO HELP YOU LOCATE TREATMENT OPTIONS NEAR YOU. FOR A REFERRAL TO A TREATMENT CENTER OR SUPPORT GROUP IN YOUR AREA, CALL: 1-800-662-4357. FOR SPANISH SPEAKING CALL: 1-877-767-8432.

EDUCATION RESOURCES

Allen Community Outreach (ACO)—801 E Main Street, Allen, Texas 75002—(972)727-9131—www.acocares.org. ACO houses free GED prep classes on Tuesday and Thursday evenings from 6:00-7:30 pm. No reservations required.

BOOT CAMP (CONCERNED CITIZENS OF DALLAS) – 2636 Britton, Dallas, Texas 75216 – Director Kenneth Grant (214) 951-9331
Weekend Boot Camp provides Family counseling/Tutoring/Bus Tours/Youth Guidance/Summer Camps/Recreation in Christian-based setting.
Hours of Camp: Saturday 6:00 am to 5:00 pm. (No OVER-NIGHT Stays). You do not need to set an appointment for someone to attend this boot camp. Cost: \$100 first weekend—covers 4 weekends of boot camp—Money order or cash only!! MUST bring own lunch!!

BOOT CAMP—THE HELP PROGRAM—2815 S Ervay Street, Dallas, Texas 75215. Director Max Bailey and Director LeDayne Morris (214) 469-6361—www.thehelpprogram.org. Weekend Boot Camp provides Youth Guidance/Tutoring/Mentoring/Family Counseling/Serves boy/girls ages up to 17 years. Hours of Camp: Friday 5:30pm to 9:30 pm & Saturday 8:00 am to 2:00 pm—NO OVERNIGHT STAYS. We are flexible with our hours. Cost: \$80.00 per person, per weekend of boot camp---Cash, Money Order, Cashiers Check ONLY!!! Must bring own lunch and a change of clothing— Located on DART rail line.

BOOT CAMP – Thayer Learning Center – 1-800-435-0688—Military style boot camp & boarding school. www.tlcprogram.com.

BOOT CAMP—A REALITY CHECK—214-564-6636—200 N Jim Miller Road, Dallas, Texas 75217—Director SSgt. A Wingate. Friday evening 5:00 pm – 8:30 pm and Saturday 12:50 pm to 7:00 pm Boot Camp. The ultimate goal of this program is for the participant to recognize and diffuse feelings and influences which lead to negative behavior. The program not only focuses on self-evaluation and skills necessary to effect behavior change, it also focuses on positive and essential life skills, including the ability to recognize good and bad peer pressure and the value of developing strong communication, decision-making and self-presentation skills. www.Arealitycheck06@aim.com.

Boot Camp (Get Motivated) – 3650 New Hope Road Aubrey, Texas 75201 (940) 365-1818 The boot camp is available to males aged 13-17 (18 year olds allowed if currently in HS) and their parents on Sundays from 7 AM – 5 PM. The 12 week camp combines group therapy and physical training. This agency also provides individual and family counseling for males and females aged 11-19 for \$100/session. Fees - \$169 for each boot camp session. www.getmotivatedbootcamp.com.

BOOTCAMP—PATHFINDERS JUVENILE BEHAVIORAL MODIFICATION PROGRAM at 817-713-1292 Capt. Dawn Utz or 817-713-1291 Lt. Randy Utz . PO Box 1749 Springtown Texas, 76082. \$200 Cash or Money Order. This is an overnight boot camp. Friday night till Sunday afternoon.

BOOTCAMP---YOUTH INTERVENTION—GANG INTERVENTION---GIRLS COACHING. The goal is to decrease recidivism, residential placement or subsequent court action by building strengths and development assets in youth that will provide a greater resiliency and responsible behavior. Youth that attend this program will learn words like: Pride, Respect, Discipline, Honesty, and Judgment. Each youth is heavily confronted about his/her negative behavior, and given several suggestions on how to change the behavior. Each youth enrolled is required to participate in a physical work-out routine designed to build self-esteem, expose negative behavior, surface emotions, and promote positive decision-making skills.

Pricing varies per program component...\$10.00 to \$55.00 per session. Cash or Money order only. www.jreese@seinet.us.

C.A.K.E.- Crimes Against Kids Eliminated, educates on sexual harassment prevention for adults, creates a safety program, events/programs/services; 1-(888)-955-1629, www.cake4life.org

CHARTER SCHOOL –EVOLUTION ACADEMY – 1101 S. Sherman Street 75081, Richardson, Texas. – Director Cynthia Trigg at (972) 907-3755
1) Collin Co. youth earn TEA approved high school diploma; 2) FREE – No tuition; 3) Targets youth 14-21 years who are at risk of dropping out;
4) Free transportation; 5) Free breakfast; 6) AM or PM sessions; and, 7) Curriculum focuses on job training and job placement.
www.evolutionacademy.org

Child & Family Guidance Center (United Way)- Child guidance center, key provider and referral source for mental health and related services, family and community education programs for parenting and truancy intervention, as well as anger management. (214)351-3490; www.childrenandfamilies.org

COLLIN COUNTY COMMUNITY COLLEGE – 2800 E. Spring Creek Pkwy, Plano, Texas - (972) 881-5781 GED Class prep. Career Services:
1) career planning/placement; 2) career assessment; 3) job search/skill building; 4) resource library/computerized career information. www.ccccd.edu

Court Solutions Online- 100% online classes, self paced, only \$25.00. Includes Anger Management, Disorderly Conduct, Marijuana Awareness, Theft Classes, Truancy Intervention, Tobacco Awareness, Defensive Driving, Drug and Alcohol, Life Skills Class. 1-(830)-372-4555;
<http://www.courtsolutiononline.com/index.php>

Dallas Learning Center – 1021 Newberry Dr., Suite 1, Richardson, Texas 75080 – (972) 231-3723 (Alternative School) www.dallaslearningcenter.com

DENTON COUNTY SHERIFF'S OFFICE IMPACT PROGRAM—127 N Woodrow Lane, Denton, Texas 76205-6397—Deputy Amanda Allen, Program Coordinator—(940) 349-1651 Fax (940)349-1604 The Juvenile Impact Program is a three and a half hour program in which juveniles – offenders or potential offenders—listen to the life stories of people who have been convicted of crimes and who are spending part of their lives in jail as a result. Anyone 10 to 17 years of age that has been referred by a school, court, police officer, or parent may attend. www.amanda.allen@dentoncounty.com.

Female & Male Empowerment Classes-To register, contact Amber Williams at amberwtherapy@gmail.com.

Frisco Juvenile Impact Program- 7200 Stonebrook Parkway, Frisco, TX 75034- (469)-633-5519;
<http://www.friscotexas.gov/departments/police/Pages/JuvenileImpactProgram.aspx>

GED Classes / Allen ISD – 610 E. Bethany, Allen, Texas 75002 – Contact Linda Burdette at (972) 727-7163 x236. Classes are held on Tuesday and Thursday from 6:00 pm – 7:30 pm.

GED Testing- Frisco ISD-Student Opportunity Center, 6928 Maple Street, Frisco, TX 75033—(469)-633-6706--
http://www.friscoisd.org/ty/community/documents/2014_GED_Web_Testing_Info.pdf

GED Testing – Plano ISD, Located at PISD Special Programs Center, 2221 Legacy Drive, Plano, (469) 752-6956.

Great Lakes Academy – 6000 Custer Road, Building 7, Plano, 75023 (Spring Creek & Custer Rd.) – (972) 517-7498 ext 103. Private School for Learning Different Students, including ADD/ADHD. Mon.-Fri. 8:00 am to 4:00 pm. www.greatlakesacademy.us.

“HOME-SCHOOL” Information / Texas Home School Coalition – P.O. Box 6747, Lubbock, Texas 79493 – (806) 744-4441 or Fax (806) 744-4446 T.E.A. rules provided to those choosing to Home-School their children. However, Texas does not award a diploma to “Home-Schoolers” or to students enrolled in unaccredited private schools. A General Equivalency Diploma or GED is awarded to those passing the GED exam. www.thsc.org.

I Need A Parent, Not A Friend- Parenting Workshop by Patrice Dunn. Learn how to have effective parenting while being creative. (469)-633-6593, dunnr@friscoisd.org, Patrice@reallifeccs.com

JOB CORPS CENTER , McKinney – 1701 N Church Street, McKinney, Texas 75070-- (972)-542-2623 Fax (972) 547-7703. A federally funded residential training program for youth which includes both vocational and academic instruction.

Workforce Investment Act Youth Service (WIA) – Director Earl Perry – 1713 Louisiana Street, McKinney, (972) 542-3381. Offers year around work experience, educational assistance and job skills to youth ages 14-18 yrs. (Replaced JTPA) and North Central Texas Workforce—820 Jupiter Road, Suite 100, Plano, Texas 75074 –Arrington - Manager—Youth Recruiter (469) 229-0099. www.northTexas.jobcorps.gov

Literacy Program of Plano ISD – “Even Start” located at 1300 19th Street, Plano – Coordinator, Jane Lilliston at (469) 752-2252. Literacy program where families learn together. Classes include adult education, early childhood; GED prep classes, etc., in English. Must reside in Plano ISD. Must have a child under the age of 8 years. Low income families only.

Lone Star Expeditions—1728 Forest Road, Suite # 5101, Groveton, Texas, 75845, www.lonestarexpeditions.com. Phone (866) 573-2002. Outdoor Behavioral Treatment Program licensed by the state of Texas. Serves boys/girls ages 14-17.

My Court Class- Online prevention and early intervention classes for anger management, drug/alcohol, theft, and tobacco awareness. These online classes can be used for juvenile and adult offenders. They are self paced with tight securities, and available 24/7. [www.MyCourtClass.com--1-\(800\)-397-1898](http://www.MyCourtClass.com--1-(800)-397-1898)

Parenting Wisely- Online parental skills course. It is evidence, research, and skills based, as well as the only online parent course for families that is listed on the US Dept of Health and Human Services National Registry for Evidence-based Programs and Practices. It is available 24/7 in both English and Spanish. Familyworksinc.com—(866)-234-9473—staff@familyworksinc.com

Sky Ranch Outdoor Education- Outdoor education camp for kids. www.skyranch.org

SPANISH CLASSES AVAILABLE: Hispanic Services Coordinator, Parent Educator and Facilitator, Juliette Echaniz at (469) 752-2277. Parenting Together for Adolescents – Free 6-week or 12-week program for Spanish speaking teens and their parents. (Therapeutic Counselor on staff for Individual counseling.) – Facilitator, Lourdes Wilkins – English classes for Spanish speaking persons on Mon. & Wed. evenings 6:00pm – 9:00pm.

Strong Community Services (SCS)- We are committed to serving our clients by providing a balanced foundation of education and understanding with proven techniques for long term recovery and positive life behaviors. Programs include drug offender education, substance abuse assessments, parenting/life skills, truancy program, anger management, theft program, marijuana intervention, empowerment, and drug testing. (214)-842-1872—7214 State Hwy 78 Suite #18, Sachse, TX 75078

Teen Drug Intervention Program- A 4 week program for teens with early stage substance abuse issues. (214)-789-8456—www.5thingsonline.com

TEXAS CHALLENGE ACADEMY . – A Youth Education Program of the Texas National Guard, P.O. Box 510, Sheffield, Texas 432-836-4648.

TCA is a volunteer program for 16 to 19 year old teens that are at risk of dropping out of high school. The program requires a 17 ½ month commitment and is divided into three phases: Pre-ChalleNGe—the first two weeks of the residential phase concentrates on drill, ceremony, physical training and life skills. ChalleNGe—The remaining twenty weeks of the residential phase concentrates on the eight core components: Life Coping Skills, Education Excellence, Skills Training, Responsible Citizenship, Leadership/Followership, Health, Hygiene, Sex Education, Physical Fitness and Voluntary Services. Cadets will attend daily academic classes. Cadets of the Texas ChalleNGe Academy will graduate in a cap and gown ceremony . Post ChalleNGe: graduates begin their collegiate careers, enlist in the military or join the workforce. For 12 months following the residential phase, Cadets are required to maintain contact with a mentor. To receive an application, you may download one via the Internet. This is a FREE program for volunteers. www.ngycp.org/state/Texas. Contact: SSG Eliu Rojas, Recruiter.

Truancy Law/Life Skills-Anger Management – Business Mate - 8035 East R. L. Thornton Freeway, Suite # 311. Dallas, Texas 75228. Director, Cinderella Murray (214) 395-4921 or www.businessmate.biz Business Mate defines truancy, Juvenile Justice introduction and anger management while providing the youth with the essential tools of life skills. Business Mate uses the Texas Education Code, Compulsory Laws and positive affirmations for clients ages 10 through 21, as a way of promoting and encouraging self assurance, positive attitudes, determination, self confidence, willingness and effective communication skills. Time frame – two (2) consecutive Saturdays 8:00am to 2:15pm.

SERENITY HIGH (9th thru 12th Grades) –2100 White Avenue, McKinney, Texas, 75069. Phone (469)742-2676 or Fax (469) 742-7831. Established in Collin County under the auspices of McKinney ISD solely for students coming out of drug treatment where recovering teens can live out their commitment to staying clean and sober. www.serenityhigh.org.

TEEN PROGRAM. INFO—Information & Resource center for Private Schools & Programs—// www.teenprogram.info (800) 688-8706.

Texas WORK FORCE Center (Employment Commission) – Job placement and preparation for employment opportunities (English/Spanish).Richardson: 1222 E. Arapaho, #336 – (972) 234-5391; McKinney: 1713 Louisiana, - (972) 542-3381.

DARS (Division for Assistive and Rehabilitation Services): 520 Central Parkway East, #232, Plano – (214) 365-2800 The Vocational Rehabilitation (VR) program, a state-federal partnership since 1929, helps people with disabilities prepare for, find and keep jobs. Work related services are individualized and may include counseling, medical treatment, medical/psychological, training, vocational evaluation, , assistive devices, job placement assistance and other services. Eligibility criteria for this program include: 1) 17 years of age; 2) not attending high school; 3) handicap to employment and 4) the presence of a physical or mental disability that results in a substantial impediment to employment, where the individual is employable after receiving services, and whether services are required to achieve employment outcomes. Disabilities may include alcohol/drug addiction and speech, language or learning disabilities. Services and and/or education in a trade, business school or college. DARS also has 3 other divisions: Early Childhood Intervention, Disability Determination Services and Blind Services. For more information you can visit their website at: www.dars.state.tx.us

Turn-About Ranch—280 North 300 East, P.O .Box 345, Escalante, Utah, 84726. Phone (800)842-1165 or Fax (435)826-4261---Serving ages 12-18. Turn-about Ranch is a short-term, high impact therapy program that emphasizes family values and relationships. This co-ed program is located on a cattle ranch in Escalante, Utah. Licensed as a residential treatment center—offers education and treatment with a Christian-based philosophy. Academics can be achieved while at the Ranch. Accredited by Northwest Association of Schools and Colleges, therefore, all credits are easily transferred. www.turnaboutranch.com . \

Under the Influence- An online alcohol education course. \$35.00. It takes less than three hours to complete, and is available for those 17 and older. It includes lesson topics on drinking and driving, laws in your state, the role of alcohol in sexual assault, and developing a plan for change. www.3rdmilclassrooms.com

UNDER THE UMBRELLA—SPECIALIZED EDUCATION FOR CHILDREN ON THE AUTISM SPECTRUM—Lesli Bernanke—Director of Special Programs...214-603-6049.

U.S. ARMY – Will now allow enlistees to attend college on a stipend for 2 years before they serve. If you are eligible, (17-35 yrs) and a high school drop-out, the Army will finance your study for the GED. These pilot programs are offered in selected recruiting regions. Call your local Army recruiter. Shy? Click on www.goarmy.com – PLANO RECRUITER: 301 W. Parker Rd. (972) 422-1090 or Fax (972) 422-1092

Wise Guys Make Wise Decisions- Educational Program for young men that improves their ability to think, respond, and communicate effectively. The program targets young men 10-19 years of age who are at risk of becoming involved with the juvenile justice system. mcdanielassociates@yahoo.com-- PO Box 1282, Little Elm, TX 75068

WILLOW BEND ACADEMY—2200 Coit Road, Ste 500, Plano, Texas 75075. Phone: 972-599-7882 or Fax: 972-612-7858. Willow Bend Academy offers complete Middle School through High School Education and other services including supplemental classes, make-up classes, individualized assistance, and academic evaluations to students in public, private and home schools. The combination of individualized placement and tutoring with mastery based progress allows many students to make an academic turn-around and regain their love for learning. Will Bend Academy is accredited by the Southern Associations of Colleges and Schools. Enrollment is open year round. Limited need-based financial assistance available. www.willowbendacademy.com.

Winfree Academy/Courage Center – Grapevine: 817-481-5803 / Irving: 972-251-2011 / NRH: 817-590-2240 / Lewisville: 214-222-2200 / Richardson: 972-234-9855 / Corporate: 972-869-3250.

HEALTH – CARE SERVICES

Asthma Network of Plano – Hotline – (972) 519-1475. Group for adults and children affected by asthma and their families. Meetings held the first Tuesday of each month in Classrooms 1 & 2 (second floor), HCA Medical Center of Plano, 3901 W. 15th Street, Plano.

The Better Brain- 400 North Allen Drive, Suite 202, Allen, TX 75013—(972)-743-3319, fax: (972)-727-1156; mugs@thebetterbrain.com; www.thebetterbrain.com Neurofeedback is a therapy that deals with ADD, ADHD, Anxiety, Bi-Polar, Autism, PTSD, etc.

Caring for Children Foundation of Texas – immunizations. To verify eligibility call 1-800-258-5437.

CHILDREN'S MEDICAL CLINIC OF PLANO – WALK-INS! – 1407 14th Street, Plano – Ex. Director, Susan Shuler – (972) 801-9689. Day-Time by Appointment: Mon. thru Fri. 8:30 am to 4:30 pm; WALK-INS on Wed. and Thurs. 6:00 pm to 7:00 pm. (GET IN LINE EARLY). Services FREE to Medicaid, uninsured and qualifying patients by volunteer doctors, nurses and staff. Clinic is not intended for those who can afford medical care.

CHILDREN'S HEALTH INSURANCE PROGRAM—CHIP – Phone (877) 543-7669. The Children's Health Insurance Program is designed for families who earn too much money to qualify for Medicaid, yet cannot afford to buy private insurance for their children. CHIP coverage provides eligible children with coverage for a full range of health services including regular checkups, immunizations, prescription drugs, lab tests, x-rays, hospital visits and more. www.hhsc.state.Texas.us

DALLAS BEHAVIORAL HEALTHCARE NETWORK – (214) 321-4556

HEALTH CARE SERVICES OF COLLIN CO. – 825 N. McDonald, Suite 130, McKinney – Director - Candy Blair – (972) 424-1460 x5500. McKinney Clinic provides: 1) Well-Child Clinic (restricted to children under 5 yrs on Medicaid – no charge); 2) Immunization Clinic Shots: Mon. 8:30 -11:00 am / 1:00 – 3:30 pm (fees based on sliding scale); 3) Tuberculosis Clinic (fees based on sliding scale); 4) Prenatal Clinic (for those qualifying for Indigent Health Care); and 5) Sexually Transmitted Disease Clinic (fees based on sliding scale). 6) Hospitalization – Columbia Hospital of McKinney; 7) Indigent Care – contact Patti Lohrs at (972) 548-3985; and 8) Chronically Ill & Disabled: 1-800-248-7004.

MEDICAID OFFICE – Dept. of Human Services – 901N. McDonald, #800, McKinney, 75069 – (972) 562-5832. Applications processed and qualifying residents placed on Medicaid.

HUMAN RESOURCES & CHILD WELFARE of Texas – McKinney Office: 113 Industrial, Suite C – Local # (972) 562-5832. Administers and provides qualifying information for the Food Stamp Program and Medicaid Benefits. To report Child Abuse 1-800-252-5400.

LIFE PATH SYSTEMS (formerly M.H.M.R.) – 3920 Alma Dr., Plano – Child/Adolescent Director Mary Fredericks (972) 562-0190. The Child/Adolescent Services of MHMR provides crisis support and counseling (sliding scale) for children through 17 yrs of age who are exhibiting homicidal/suicidal tendencies or signs of possible major depression – North Star Program (sliding scale).

PHARMACEUTICAL ASSISTANCE PROGRAM – Collin Co. Office: (972) 422-1850 Dallas Co. Office: (214) 379-4357. Procedures: 1) School Nurse/Principal, etc. contacts Doctor; 2) Doctor contacts Information & Referral; 3) Agency contacts Collin/Dallas Co. Health-Care Services; 4) Collin/Dallas Co. Health-Care Services will handle the paper work and file the claim with the pharmaceutical company.

PRESBYTERIAN HEALTH CARE CLINIC – 900 E. Park Blvd., Suite 100, Plano 75074 – (972) 509-4554. Plano: Served by cooperative of Presbyterian Health Care Clinic & Collin Co. Health Care Services (Services available outlined below). Fees: Low-Cost/Sliding-Scale / Indigent Care available through qualifying under Medicaid Guidelines. Call for Appointment! Office Hours: Mon.- Fri. 8:00 am – 5:00 pm / Closed for Lunch 12:00 noon to 1:00 pm; 1) Family Practice & Pediatric Care; 2) OBGYN Clinic (prenatal care for MEDICAID patients ONLY); 3) Shot Clinic: Hours Mon-Fri 8:00 am to 5:00 pm / Closed for lunch 12:00 noon to 1:00 pm.

TexCare Partnership, Children's Health Insurance Program (CHIP) – Local # (214) 954-4213 or 1-800-647-6558. Fits your Budget and Applying is easy. Call toll-free to have questions answered from 9am-9pm Mon-Fri and 9am-3pm Sat. (Central Time), except federal holidays. We will complete your application over the phone or go to www.texcarepartnership.com and download the application. Your school nurse can assist in applying for this new health insurance program developed for children from birth to 18 years. Benefits include: regular checkups, shots, eye exams, glasses, prescription drugs, specialist care, dental care, mental health care, ex-rays, lab tests, hospital care and services. Covers Pre-existing conditions and offers a choice of doctors. Illegal Immigrant Questions Contact: For information call Catholic Charities (214) 623-9976.

SUPPORT GROUPS

AL-ANON ODAAT – 1901 W. Parker Rd., Suite 209, Plano – (972) 867-1115. Offers support groups for Adults/Teens who have an alcoholic family member or friend. Teenagers meet at 8:00 pm on Wednesday.

Families Anonymous – (972) 407-4420 - Support for those affected by destructive behavior of a family member caused by drugs/alcohol/emotional problems. McKinney Group – Meets Tuesday @ 7:00 pm, Our Savior Lutheran Church, 2708 W. Virginia Pkwy., McKinney.

Family Outreach of Richardson & Plano – CCCA Center – Case Manager, Debbie Decicco – (972) 231-6584. Services for children and women by the Center's 60 volunteers include: 1) speaker's bureau; 2) parenting classes; 3) a women's support group; 4) referral services; and 5) a stress line for crisis. Works closely w/Child Protective Services.

GRIEF COUNSELING / SUPPORT GROUPS:

Healing Matters – Grief support group for adults and children – Medical Center of Plano. Phone at (972) 519-1588.

Journey of Hope – Non-profit grief counseling designed to provide assistance through trained volunteers to children & their families who suffer loss due to the death of a parent, sibling, or friend. (972) 964-1600.

The Landing-Christian based support group at Preston Trail Community Church. Free of charge. Allows teens to heal from hurts, habits, and hang-ups. 10501 E. Main Street, Frisco, TX 75035—(972)-668-1244—thom@prestontrail.org

Life Hurts, God Heals-Christian based recovery group at Chase Oaks in Plano. A Biblically based 8 step program for ages 12-18 that struggle with drug/alcohol use, pornography, cutting, or any other hurdle. Meets on Thursdays, 6:30-8:30 in the spring and fall. 241 Legacy Dr, Plano, TX 75023—stanesic@chaseoaks.org—(972)-658-5138

Navigating Recovery- Alternative Peer Group that encourages post-treatment recovery through education, prevention, and support. Student should be 13-18 years old, completed treatment for substance abuse or dependence, motivated for sobriety, and parents should commit to the Family Program. Sliding scale and scholarships are available. (469)-385-1817—St. Andrews Methodist Church—5801 W Plano Parkway, Plano, TX 75093

Teen Contact- FREE teen peer support group. Parent peer support group is offered in separate room simultaneously. Available to teens ages 13-18 and their parents that have a form of depression. (972)-233-0866—www.contactcrisisline.org

YOUTH MENTOR NETWORK – 2600 Avenue K, Suite #140, Plano, Texas, 75074 – (972) 423-9559. Organization dedicated to matching youth with caring, supportive adults to serve as mentors for youths at risk of getting involved with gangs, drugs or suicide and the lack of a protective adult in their neighborhood to turn to in time of crisis. Call if you know a child who needs a protector or if you would like to volunteer for this mentoring program. Background checks/training required before being matched.

TOUGH LOVE – Information and meeting locations throughout the Metroplex (Not a Crisis Line). Phone at (972) 558-1762. Support groups for parents whose families are being torn apart by unacceptable behavior of teenagers. Education and sharing are provided to increase parenting skills. Support and assistance is given during times of crisis. Tough Love is a support group for parents and not teenagers.

VOLUNTEER / COMMUNITY SERVICE OPPORTUNITIES

Allen Community Outreach (ACO)—801 E Main Street, Allen, Texas 75002 (972) 727-9131.

Boys & Girls Club of Collin Co. (972) 633-9699.

Boys & Girls Club of Plano (972) 424-6301.

City of Frisco (972) 335-5555.

Collin County Committee on Aging (972)569-6753.

Community Services (214) 585-0885.

Cornerstone Community Church- 7026 Ash Street, Frisco TX (972)-335-4704 or (214)-926-2080

Douglass Com. Center. Phone at (972) 941-7174.

Food Pantry. Phone at (972) 424-4574.

Frisco Family Services Center (972)712-7833.

God's Food Pantry (972) 633-9777.

Heard Museum – Metro# (972) 562-5566 x226.

Help for Helpless Animals. Phone at (972) 424-4860.

Heritage Farmstead. Phone at (972) 424-7874.

Just Serve—(214)-770-2165—JustServeAllen@gmail.com--www.JustServe.org

McKinney Community Center (972) 542-0045.

Myers Youth Park (972) 548-4793.

Organization of Latin Americans (OLA). Phone at (972) 422-2252.

Plano Children's Theater. Phone at (972) 422-2575.

Plano Community Charities (Phoenix Ministries) – (972) 578-0399.

Salvation Army (972) 423-8254.

Red Cross of North Texas (972) 542-0679.

Samaritan Inn (972) 542-5302.

Teen Court (972) 548-4654.

YMCA – (972) 378-9622.

Union Gospel Mission, 3211 Irving Boulevard, Dallas at (214) 637-6117.

Teen Groups – Volunteer Opportunities Designed to reach Teenagers: www.volunteerpowerscrew.org Ages 14 & up. Phone (214) 821-8711.

City of Plano Volunteer Opportunities at (972) 941-7114;

Southern Collin County Habitat for Humanity (972) 424-0791.

Volunteer Center of Collin County – McKinney, Texas (972) 548-0679.

REFERRAL INFORMATION & PLACEMENT ASSISTANCE

SUICIDE/CRISIS 24-HOUR HOTLINE – (214) 828-1000; **COUNSELING 24-HOUR** (972) 233-2233.
TEEN CRISIS HOTLINE (Plano) – (972) 509-5437 / Non-emergency information – (972) 424-7547.
Assistance Center of Collin Co. (Formerly Information and Referral) – Plano Office: (972) 422-1850.
Allen Community Outreach – (972) 727-9131—801 E Main Street, Allen, Texas 75002—www.acocares.org
Collin County Substance Abuse Program, McKinney (Contact Sabina Stern) – (972) 424-1460 x5570.
24-Hour Alcohol & Drug Abuse Crisis Line (Placement Info.: Robert Eakins w/Shoreline, Inc.) 1-800-628-3265.
Dallas Challenge, Inc., 414 S. R.L. Thornton, Dallas, Texas. Drug/Alcohol and Addiction Information & Treatment (214) 860-4408 or (214) 860-4480.
Greater Dallas Council on Alcohol/Drug Abuse – Free Adult Treatment Services (Mon.-Thurs. 8:00 am to 5:00 pm) – (214) 522-8600.
Avenues Counseling Center (formerly McKinney Council on Substance Abuse), McKinney – (972) 562-9647.
National Drug/Alcohol Treatment/Referral Routing System, U.S. Dept of Health & Human Services – 1-800-662-4357.
STOP DRUGS – Stop the flow of drugs in Plano! Report drug use anonymously @24-Hour Hotline – (972) 941-7867.

The U.S. Department of Health & Human Services, Substance Abuse and Mental Health Services provides a toll-free, 24 –hour treatment referral service to help you locate treatment options near you. For a referral to a treatment center or support group in your area, call: (800) 662-4357—English; (800) 487-4889 (TDD); (877) 767-8432—Spanish.

YOUTH SHELTERS

Buckner Children’s Shelter, Dallas – (214) 328-3141.
Salvation Army (Crisis Shelter) – 2640 Webb Chapel Extension, Dallas, Texas, 75220 – (214) 424-7050.
Juvenile Alternatives, Sherman - (903) 893-4717 or 1-800-568-7776.
Lena Pope Shelter, Ft. Worth – (817) 731-8681.
LETOT Center – Dallas County Residents/Referral thru Dallas Police Department – (214) 357-0391.
Promise House, Dallas – (214) 941-8578.

OUT-PATIENT CARE (Day Treatment and After-Care)

AddiCare (STAR Program) – Dallas Office: Contact Jay Harrison (214) 824-6503 – www.addicare.com.
Baylor-Richardson Medical Center, Richardson – HELP Line – (972) 498-4717.
Excel Center of Lewisville- specialized day treatment center for ages 5 to 18; (972)-906-5522; <http://www.excelcenterlewisville.com/>
Green Oaks Hospital, Dallas, Texas – (972) 991-9504.
Mental Health Concept – (972) 964-7730.

PHOENIX HOUSE—OUTPATIENT SERVICES—2438 Butler Street, Ste 100, Dallas, Texas 75235. For a FREE assessment call (214) 999-1044 ext 3156. Phoenix House offers an intensive after-school outpatient program in Dallas for male and female adolescents ages 13-17 who are in trouble with drugs and alcohol. During treatment, teens work to rebuild their self-esteem as well as learn to control anger and impulsive behavior, make positive choices, manage stress and plan for the future. The program provides adolescent outpatient services using evidence-based practices. These services include: Intensive Outpatient Services (IOP), INDIVIDUAL therapy, FAMILY therapy, GED referrals, employment coaching, RELAPSE PREVENTION training, GROUP Counseling, personalized RECOVERY MANAGEMENT planning, Supportive Outpatient (SOP), personal CASE management, and AFTERCARE services. www.phoenixhouse.org/Texas.
The Right Step, IOP Program-1200 Commerce, Suite 116, Plano, Texas, 75040, 972-985-6100 Davis Stanley Smith. IOP Program Coordinator www.rightstep.com.
Seay Behavioral Center, Plano – (972) 981-8300.
Street Joseph’s Adolescent & Family Serv. (Catholic Charities) – 4500 W. Davis Street, Dallas, 75211 – (214) 623-9976.
Turning Point – Contact Ron Deage – (972) 234-8636.

RESIDENTIAL TREATMENT

Allredge Academy – Hwy. 32, P. O. Box 310, Davis, West Virginia, 26260 – (304) 259-2262 or (888) 468-1828.
Aspen Education Group—www.aspeneducation.com (877) 369-9907.
“Big Sky” (Spring Creek Lodge) Thompson Falls, Montana – 9 month substance abuse/behavior program backed by a warranty! – 1-888-633-2697
Brown School Excel Academy (JJAEP) – 2525 Murworth Drive, Suite # 100, Houston, 77054 – FAX (713) 669-0788; Phone (713) 669-0799.
This is a Juvenile Justice Alternative Education Program & accepts students who are expelled or Court-Ordered into the program.
Cedar Crest – RTC, Belton, Texas 76513 – Boys/Girls 4-17yrs. (254) 939-2100 3500 S. IH 35.
Four Winds – 501 N Santa Fe, Guthrie, OK 73044 (405) 260-0212.
Happy Hills Farm Academy, Hwy 144, Grandbury, Texas, (254) 897-4822 76048.
Hazeldon Center for Youth & Family – 11505 36th Avenue N., Plymouth, Minn. 55441 – 30 day inpatient; ages 14-25; 1-800-257-7800.
Heart Line (near Tyler, Texas) – Christian-Based Residential Care – (903) 668-2173.
Holmes Street Treatment Center – 2503 Martin Luther King Jr., Dallas (214) 421-7580.
Homeward Bound – Addicare refers In-Patient Care to Homeward Bound (17 yrs+). Call for information – (214) 941-3500.
House of Isiah – P.O. Box 1405, Maybank, Texas 75147 – Isiah Robertson, Founder – (903) 887-1791. Christian-based 6 month treatment program for men 17 yrs-up / physical & psychological exams / drug assessments & treatment / GED testing / Sliding Scale.

Journey Home Recovery Center, Inc., 10875 Fontenot Rd., Denham Springs, LA, 70726 – (225) 667-3933.
Juliette Fowler Home, 1234 Abrams Rd., Dallas, Texas, 75214 – (214) 827-0813.
La Hacienda Outreach Center, Hunt, Texas (near Kerrville) 4-week Chemical Dependency Care (Boys/Girls 15-18 yrs) (830) 238-4222 or 1-800-749-6160.
Laurel Ridge, San Antonio, Texas – Drug Treatment – (210) 491-9400.
Lena Pope Home, 3131 Sanguinet, Ft. Worth, 76107 – For Information Call (817) 731-8681.
Lone Star Expeditions, 1728 Forest Road, Suite # 5101, Groveton, Texas 75845.
Millwood Hospital (Behavioral Health Care) – Arlington, Texas (Drug/Alcohol & Behavior Issues) 1-817-261-3121 / 1-800-258-2440.
Meridell Achievement Center, P.O. Box 87, Liberty Hill, Texas, 78642 (N. of Austin) 1-800-366-8656. Psychiatric Treatment for children and adolescents. Westwood Campus, Liberty Hill, Texas.
NEXUS, 8733 La Prada, Dallas – NorthStar (sliding scale) Drug/Alcohol Program (girls 13-17) Director, Beverly Carroll (214) 321-0156 x2110.
New Cannon Ranch, Pulaski, Tenn. – FREE Christian-Based program (residents work in local businesses to pay for care) – (931) 363-8705.
Our Friends Place, Dallas –(214) 520-6268) – (931) 363-8705..
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Timberlawn Mental Health System- 4600 Samuell Blvd, Dallas, TX 75228—www.timberlawn.com—(214)-381-7181

Phoenix Academy of Dallas—RESIDENTIAL TREATMENT—2345 Reagan Street, Dallas, Texas, 75219, (214) 999-1044 ext 3156
www.phoenixhouse.org/Texas Phoenix House's Feinberg Academy is a residential treatment facility and school that serves male and female adolescents ages 13-17 who struggle with substance abuse issues. The Academy combines substance abuse treatment with daily on-site education programming provided by the Dallas Independent School District. Our Dallas Academy provides a full range of residential recovery care which includes: fully accredited on-site EDUCATION, on-site PSYCHIATRIC and nursing care, COUNSELING, life skills, FAMILY services, personal RECOVERY MANAGEMENT planning and pre-vocational training. For Phoenix Academy of Austin (512) 440-0613 ext 4745.
Power House, Gonzales, LA – 17 yrs & up (225) 647-8277.
Recovery Ranch, Austin, Texas – Men 18 yrs & Up - (512) 243-1911.
San Marcos Treatment Center (BROWN SCHOOL), San Marcos – 1-800-251-0059.
Seay Center (Presbyterian Hospital of Plano) – 6110 W. Parker Road, Plano, (972) 981-8300.
Star Light (Recovery Center) – Center Point, Texas (near Kerrville) – Adolescents & Adults 18 yrs+) 1-800-292-0148 230 Mesa Verde Drive E. ,7810
Straight Way Training Center (50 mi. South of Houston) – 15 month program (live-in / long-term / will take families / low cost) at (979) 532-5613.
Summer Sky Treatment Center – Stephenville, Texas – Serves clients 12 yrs to 17 yrs of age. (Contact Ricky Shockley) (254) 968-2907.
Sundown Ranch, Rt. 4, Box 182, Canton, Texas, 75013 – Serves boys/girls ages 12 to 24 yrs., (903) 479-3933 / FAX (903) 479-3999.
Teen Challenge—N.W. Arkansas. www.teenchallengeusa.com . Serves boys/girls ages 12 to 17 yrs, (479) 848-3105.
Teen Program— /// www.teenprogram.info Information & research center for Private Schools & Programs, (800) 688-8706.
Turn-About Ranch – Escalante, Utah (800) 842-1165.

BASIC CARE GROUP HOMES

Ben Richey Boys Ranch- PO Box 6839 Abilene, Texas 79608—(325)-692-2500, fax: (325)-692-2514
Boles Children's Home, Quinlan – (903) 883-2204 – 7605 Love, Quinlan, Texas, 75474
Boys/Girls Town – Boys Town, Nebraska – Admissions Office (402) 498-1900
Buckner Baptist Children's Home, Dallas – (214) 328-3141 5200 South Buckner Blvd. Dallas 75277
Cal Farley's Boy's and Girl's Ranch, Amarillo (separate residence) – Admissions Office: 1-800-657-7124
Cedar Crest, Belton, Texas – Group Home / Behavioral – (254) 393-2100
Edna Gladney Home, 6300 John Ryan Drive, Ft. Worth – Expectant Mother's Group Home & Adoptions – (817) 922-6000
Elk Mountain Academy for Boys- PO Box 411, Clark Fork, ID 83811-0411; (208)-266-1122 or (800)-355-3823
Freedom House ADTC, 400 Lake Front Dr., Russellville, ARK., 72802 – Gary Rhods, Director – (479) 968-7086
Holy Highways – Christian Girls Home – for girls w/Behavior Issues / 9-12 mo. Program (state & private funding) Pickton, Texas, (903) 866-3300.
Methodist Children's Home, Waco, Texas – (254) 753-0181; Admissions 1-800-964-9226.
Mount Carmel Youth Ranch for Boys- 428 Road, 1AF, Powell, Wyoming 82435—(307)-461-4212 or (307)-645-3322
Oaks Treatment Center (adolescent behavioral treatment), 1407 W. Stassney Lane, Austin, 78745 – 1-800-843-6257.
Our Friends Place, Dallas – (therapeutic foster group home for abused and neglected girls 10-17 yrs) (214) 520-6268.
Piney Woods School, Hwy 49-South, Piney Woods, Miss. 39148 – (601) 845-2214. High Academic Requirements / Discipline / Uniforms are part of program to prepare students for life and college
Pleasant Hills Children's Home, Fairfield – (903) 389-2641. Treatment for Behavior Issues for Boys & Girls ages 5-17 years **Voluntary** (NO CHILD IS TURNED AWAY)
Simply Grace Home- Recovery home for women who are in recovery and have completed an inpatient alcohol and drug treatment program or are currently attending an intensive outpatient program. Located in the White Rock area of Dallas. www.SimplyGraceHouse.com-(214)-794-1431
Texas Baptist Children's Home, Round Rock – (512) 255-3668; Texas Baptist Children's Home, Waxahachie, Texas, 972-937-1321.
Youth-Reach, Houston at (281)459-4555 or Fax (281)459-4440. www.youth-reach.org Boys ages 12-21 are accepted by application and Interview; MIN 3 WEEKS.

INDEPENDENT LIVING PROGRAMS

Job Corps Centers – (Texas Employment Commission Screening Center) – (214) 372-1471
Job Corps Out-Reach of Dallas – (214) 824-3030 or FAX# (214)-824-2877
Juliette Fowler Home, Dallas – (214) 827-0813
Lena Pope Home, Dallas – Call the Ft. Worth office for information (817) 731-8681

Life Works, Provides Individual and Family Counseling for Behavior Issues – Austin Office: (512) 735-2200 or (512) 327-8018
Our Friends Place, Dallas – (Women 18-24 yrs) – (214) 520-6268

HOMELESS SHELTERS for Adults and Families

The following agencies help the homeless and low-income people with basic needs or housing. Top items needed include blankets, coats, gloves, hats, money and personal hygiene items, such as soap and toothbrushes.

Austin Street Shelter for the Homeless, 2929 Hickory Street, Dallas 75266 – Overnight Only -(214) 428-4242

Central Dallas Ministries, 409 N. Haskell Avenue, Dallas, (214) 823-8710

Dallas International Street Church, 2312 Grand Avenue, Dallas – (214) 421-1288

Dallas Life Foundation, Dallas, Texas, (214) 421-1380 1100 Cadiz Street Dallas, Texas. 75215

Dallas Providence Homes, Dallas, Texas, 214-515-8368

Day Resource Center, 901 S. Ervay Street, Dallas, (214) 670-3043

Emily's Place, Plano, Texas, 214-512-8368

Salvation Army, 5302 Harry Hines Blvd., Dallas (214) 424-7000

Samaritan Inn, McKinney – Shelter – 1710 N. McDonald Street, McKinney: (972) 562-7375

The Stewpot, 408 Park Avenue, Dallas (214) 746-2785

Union Gospel Mission, (SOUP KITCHEN) 3211 Irving Blvd., Dallas 75247, (214) 637-6117

Women's Shelter (HOPE'S DOOR) Plano – Shelter for women and children (location not published) – 24-Hour HOTLINE (972) 422-7233

TRANSPORTATION

DART—Dallas Area Rapid Transportation – Customer Service...214-979-1111

DART ON –CALL -----EAST PLANO, 972-880-5723, NORTH CENTRAL PLANO, 972-658-2190

GO Taps—Public Transit, Texoma Area Paratransit System (800)-256-0911—www.tapsbus.com