

EPIDEMIOLOGY & SURVEILLANCE

Health Care Services 825 N. McDonald Street Suite 130 McKinney, Texas 75069 972-548-4707

Arifa Nishat, MD Collin County Health Authority Sadia Siddiqui, MD Collin County Health Authority Jawaid Asghar, MBBS, MHA, CIC Chief Epidemiologist

Influenza Surveillance Report: Collin County* MMWR Week 11 (March 09 – March 15, 2025)

Influenza Report as of March 21, 2025

Data included in this report is submitted on a voluntary basis and should not be considered comprehensive. Only novel influenza A, outbreaks/unusual group expression of influenza and influenza-associated pediatric mortalities are reportable in the State of Texas, all other influenza reporting is voluntary.

Please note: The COVID-19 pandemic is affecting healthcare seeking behavior which impacts data used for ILI surveillance.

Overview

Collin County

- Influenza activity in Collin County is moderate.
- 2.6% of patient visits to health care facilities captured through syndromic surveillance were due to influenza-like illness (ILI).
- No influenza-associated pediatric deaths were reported this week. Total this season: 0

Texas

- Influenza activity in Texas is very high (<u>based on CDC ILI indicator</u>).
- 4.4% of patient visits to health care facilities were due to ILI, which is above baseline (4.3%).
- No influenza-associated pediatric deaths were reported this week. Total this season: 8

United States

- Seasonal influenza activity is elevated across most of the Country.
- 3.9% of patient visits to health care facilities were due to ILI, which is above baseline (3.0%)
- Seventeen influenza-associated pediatric deaths were reported this week. Total this season: 151

Influenza Activity

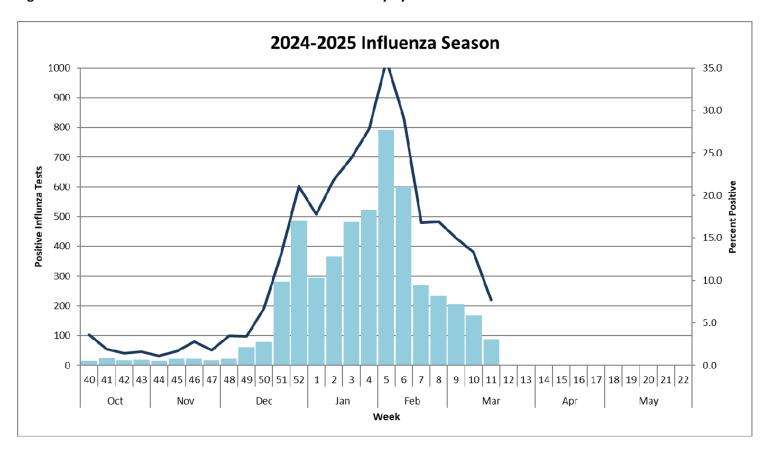
Table I. below demonstrates the number of influenza tests performed by participating healthcare providers and the total number of tests that were positive. This table shows the cumulative totals for the season and breaks down the current week. Figure I. below displays the number of positive influenza cases and percent positivity for the current 2024-2025 flu season by MMWR week.

^{*} Novel influenza A, outbreaks/unusual group expression of influenza and influenza-associated pediatric mortalities are reportable in the State of Texas. All other reporting is voluntary.

Table I. Influenza Test Results

	Season to Date	Current Week
Total Individuals Tested	34746	1124
Total Positive Tests	5105 (14.7%)	87 (7.7%)
Positive Rapid Type A	4788 (93.8%)	62 (71.3%)
Positive Rapid Type B	317 (6.2%)	25 (28.7%)
Positive Rapid Type A and B	0 (0.0%)	0 (0.0%)
Positive Rapid Undifferentiated	0 (0.0%)	0 (0.0%)
Positive PCR/Culture Type A	0 (0.0%)	0 (0.0%)
Positive PCR/Culture Type B	0 (0.0%)	0 (0.0%)

Figure I. Number of Positive Influenza Cases for Collin County by MMWR Week



Independent School Districts Influenza Activity

Independent School Districts in Collin County that participated in influenza surveillance for week 11, reported an absenteeism rate of 4.5% of which 5.2% was due to influenza-like illness.

Additional Sources

For more information on influenza and influenza surveillance, please visit these helpful sites:

Texas Influenza Information: http://www.dshs.state.tx.us/idcu/disease/influenza/ Centers for Disease Control and Prevention: https://www.cdc.gov/flu/#

If you have any questions or comments regarding influenza reporting or about this report, please contact:

Jawaid Asghar, MBBS, MHA, CIC Chief Epidemiologist

or

Obiageli Anitube, PhD, MPH, CIC Epidemiologist

Collin County Health Care Services 825 N. McDonald St. #130 McKinney, TX 75069 Ph: 972-548-5524

Collin County receives influenza activity reports from healthcare providers and schools. Influenza reporting is optional for these facilities. If you are a healthcare provider or school and would like to report influenza activity at your facility please visit our website for reporting forms at:

https://www.collincountytx.gov/healthcare_services/Pages/flureports.aspx

Information in this report was obtained from:

Centers for Disease Control and Prevention. (March 21, 2025) Weekly U.S. Influenza Surveillance Report

Retrieved from: https://www.cdc.gov/fluview/?CDC_AAref_Val=https://www.cdc.gov/flu/weekly/index.htm

Texas Department of State Health Services. (March 21, 2025). Influenza (Flu) | Surveillance Retrieved from: https://www.dshs.texas.gov/texas-respiratory-virus-surveillance-report