



EPIDEMIOLOGY & SURVEILLANCE

Local Public Health Department
Collin County Health Care Services
825 N. McDonald Street
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McKinney, Texas 75069
972-548-4707

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To Whom It May Concern:

Based on The Centers for Disease Control and Prevention (CDC) guidance and Collin County Health Care Services (CCHCS) recommendations, please excuse _____ from work or school. They had symptoms of coronavirus disease 2019 (COVID-19) such as fever, cough, shortness of breath, sore throat and loss of taste or smell, which started on _____ (date symptoms started), and/or tested positive for COVID-19 on _____ (date of testing). They are required to adhere to the following recommendations that are reasonable and necessary to prevent the introduction, transmission, and spread of this disease in this state:

Individuals with symptoms and a positive COVID-19 test should stay home until all of the following are true:

- At least 10 days since their symptoms started.
- They have not had a fever for 24 hours without the use of fever-reducing drugs such as Tylenol or ibuprofen.
- Their overall illness has improved.

Individuals that do not have symptoms and a positive COVID-19 test should stay home until all of the following are true:

- 10 days have passed from the date of their positive test.

Once this person has met all of the above criteria, they may end their isolation and return to work or school. See more information from the CDC on return to work/school criteria:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-in-home-patients.html>

Collin County Health Care Services will not be responsible for confirming the accuracy of this letter. Employers should confirm with individual employees about positive COVID-19 laboratory results.

Sincerely yours,

Collin County Health Care Services
825 N. McDonald Street
McKinney, Texas 75069
Phone: 972-548-4707

Name of Person Filling Out Work/School Excuse: _____

Signature of Person Filling Out Work/School Excuse: _____